Silence in the Noise:

When people scream and you feel small,

And your mind drops its focused poise,

Turn and stare upon the wall,

Find some silence in the noise.

When the world obstructs and halts your hope,

And you’re unaware of what its ploy is,

Focus inward as a means to cope,

Find some silence in the noise.

When objects fail to satisfy,

In spite of the price of your toys,

Explore modesty to pacify,

Find some silence in the noise.

But when you’ve thought well past your due,

All alone and out of joys,

Then the worst thing for you is to,

Find some silence in the noise.